

NUTRITION



O! Burger



Red Carpet Cleanses



Golden Mean Vegan Café

Best Juice Bar:

Beverly Hills Juice

They've been at it since 1975, and for good reason: Your body will feel great after sipping. 8382 Beverly Blvd., Los Angeles, **MAP**

Best New Juice Cleanse:

Red Carpet Cleanse

Daily deliveries of six freshly-made, custom juices satisfied our tester's hunger and dropped pounds in one week. Call September Death, (310) 623-0101

Best Healthy Convenience Store:

Locali

From gluten-free to vegan to raw, if it's ultra-natural, you'll find it here. 5825 Franklin Ave., Hollywood, (323) 466-1360, **MAP**

Best New Supermarket:

Little Tokyo Galleria Market

Dubbed by many "The Korean Whole Foods," we'd call it Korean Trader Joe's: this store has super-fresh, exotic fruit and veg for super cheap. 3250 W. Olympic Blvd., Los Angeles, **MAP**

Best Fast Food Health Food:

O! Burger

Burger junkies can rejoice over grass-fed, organic meat and all organic breads and condiments. 8593 Santa Monica Blvd., West Hollywood, **MAP**

Best Healthy Lunch:

Hugo's

From Hippie Hempseed Salad to Very Green Casserole, the macrobiotic, gourmet dishes woo both health nuts and Hollywood power players. **Multiple locations**

Best Healthy Discovery at a Not-So-Healthy Spot

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Pirate's Chai at The Bourgeois Pig

The dark, hipster atmosphere and pie case may hide it, but Pirate's Chai is an antioxidant-rich, spicy green drink you won't want to miss. 5931 Franklin Ave., Los Angeles, (323) 464-6008, **MAP**

Tuna Tataki at Royal/T

While better known for its costumed waitresses and steak frites, Royal/T's succulent tuna tataki is worthy of a top-drawer sushi restaurant and low-cal to boot. 8910 Washington Blvd., Culver City, (310) 559-6300, **MAP**

Best New Vegan-Friendly Restaurant:

Golden Mean Vegan Café

Friendly folks serve fresh, natural food in a cozy, relaxed atmosphere—plus there's wi-fi. 1028 Wilshire Blvd., Santa Monica, **MAP**